

WILL INSURANCE COVER IT?

Is the Sleep Center Covered by My Insurance?

You can rest easy. Sleep diagnostic and treatment programs are covered by most health insurance programs. So, instead of missing out on the important things in life, ask your doctor to refer you to the Sleep Center at Merrimack Valley Hospital.

HOW TO MAKE A REFERRAL

Ask Your Doctor to Refer You to MVH

If you would like an appointment at the Sleep Center, talk with your physician. The Sleep Center accepts patients by physician referral. If you have any questions, call us at:

**The Sleep Center at
Merrimack Valley Hospital
(978) 521-8488**

Sleep Well. Live Well.

SLEEP CENTER



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(978) 521-8488



**Merrimack
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Hospital**

A New Day. A New Vision for the Valley.

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THE SLEEP CENTER

Welcome to the Sleep Center at Merrimack Valley Hospital

If you've been missing out on the important things in life due to lack of sleep, there is help for you at the new Sleep Center at Merrimack Valley Hospital (MVH). In conjunction with Sleep Ave., MVH offers first-class sleep diagnostics and treatment in a comfortable and convenient environment. We'll help you sleep well, so you can live well.

WHAT CAN I EXPECT?

Your Visit to the Sleep Center

The diagnostic process is painless and private. We monitor your sleeping patterns and conduct extensive tests during overnight sleep studies. Sleep study rooms are private and comfortably appointed to facilitate sleep in a home-like setting. The testing data is then scored by a Sleep Technologist. A Sleep Center Physician with a specialty in Pulmonology interprets the findings and outlines a medical solution that is just right for you.

A TEAM APPROACH

Personalized Care

The Sleep Center at MVH offers its patients personalized care from a team of experts. Once the initial sleep evaluation is complete, the Sleep Physician will work with your primary doctor and a team of specialists to find a treatment program that will work for you. These specialists may include cardiologists, dentists, psychologists, psychiatrists, ear, nose and throat specialists or even a massage therapist. Rest assured, we'll have you sleeping well in no time.

CONDITIONS WE TREAT

Treatment from Trusted Professionals

The Sleep Center at MVH diagnoses and treats more than 80 sleep disorders including:

- Sleep apnea
- Snoring
- Restless leg syndrome
- Night terrors
- Excessive daytime sleepiness
- Sleepwalking
- Sleep paralysis
- Parasomnias
- Narcolepsy
- Hypersomnolence
- Impotence
- Sleep-wake schedule disorders
- Nocturnal myoclonus
- Nocturnal asthma/COPD
- REM sleep behavior disorders



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